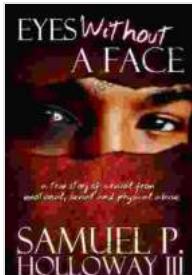


True Story of Survival: Overcoming Emotional, Sexual, and Physical Abuse



Eyes Without a Face: A true story of survival from emotional, sexual and physical abuse by Samuel Holloway III

★★★★☆ 4.6 out of 5

Language : English
File size : 1984 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 226 pages
Lending : Enabled



My name is Sarah, and I am a survivor of emotional, sexual, and physical abuse. I am sharing my story in the hope that it will help others who have experienced similar trauma. I want to show you that it is possible to overcome adversity and find hope and healing.

The Abuse

The abuse began when I was a young child. My father was an alcoholic and my mother was emotionally unstable. They both took their frustrations out on me. I was constantly belittled, humiliated, and threatened. I was also sexually abused by my father.

The abuse continued for many years. I was afraid to tell anyone what was happening, because I thought no one would believe me. I felt ashamed and

worthless. I believed that I deserved the abuse, because I was a bad child.

The Turning Point

When I was in high school, I finally reached a breaking point. I had a nervous breakdown and was hospitalized. After I was released from the hospital, I started seeing a therapist. Therapy helped me to understand the abuse I had experienced and to start the healing process.

It was a long and difficult journey, but I slowly started to heal. I learned to love and accept myself. I learned to set boundaries and to protect myself from further abuse.

Finding Hope and Healing

Today, I am a strong and independent woman. I have a loving husband and two beautiful children. I am grateful for every day that I am alive.

I know that the scars of the abuse will never completely disappear. But I have learned to live with them. I have found hope and healing, and I know that I can overcome any challenge that comes my way.

If You Are Experiencing Abuse

If you are experiencing abuse, please know that you are not alone. There are people who care about you and want to help. Please reach out for help. You deserve to be safe and loved.

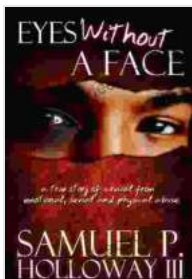
Here are some resources that can help:

- The National Domestic Violence Hotline: 1-800-799-SAFE
- The National Child Abuse Hotline: 1-800-4-A-CHILD

- The Rape, Abuse & Incest National Network (RAINN): 1-800-656-HOPE

You can also get help online at RAINN's website: <https://www.rainn.org>

I am sharing my story because I want to help others who have experienced abuse. I want you to know that you are not alone. You can overcome adversity and find hope and healing. Please reach out for help if you need it.

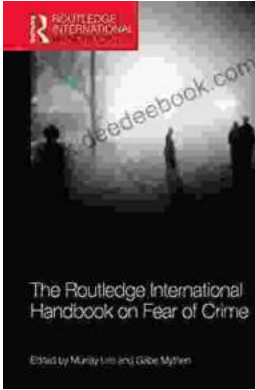


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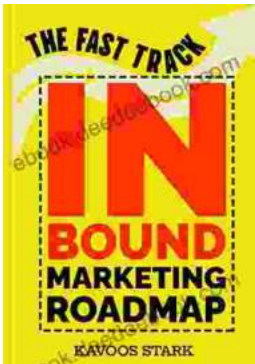
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